

Ventura Police Department
5-Hour PSP Arrest & Control Course, Vehicle Extractions, and Testing

- I. Lecture KOGA Principles/ Fitness/Officer Safety**
 - a. Principles and Premises*
 - b. Use of Force (835 A PC)*
 - c. Policies and Legal Issues*
 - d. Physical/Mental Fitness*
 - e. Officer Safety*
 - f. Recovery/First Aid*

- II. Stretching and Warm-up**
 - a. Safety Orientation*
 - b. Warm-ups*
 - c. Body Balance/Stance/Movement Exercises*

- III. Review of Searches and Handcuffing Techniques**
 - a. Cursory Search/Handcuffing*
 - b. Kneeling Search/Handcuffing*
 - c. Standing Modified Search/Handcuffing*
 - d. Prone Search/Handcuffing*
 - e. Twist Lock to Rear Wrist Lock/Handcuffing*
 - f. Response to Suspect Resistance, Take down from Search to Handcuffing*

- IV. High Risk Stop**
 - a. Positioning and Verbal Commands*
 - b. Prone Handcuffing (quick cuff and single officer)*
 - c. Kneeling*

- V. Taking handcuffed prisoner in/out of the vehicle**
 - a. Body Physics and Dynamics*
 - b. Vehicle Size Limitations*
 - c. Application of the Seatbelt*

- VI. Taking Uncooperative Driver/Passenger out of Vehicle**
 - a. Distraction and Twist Lock/Removal of Driver*
 - b. Rear Wristlock*
 - c. Ripp Restraint application*

- VII. Taking handcuffed prisoner to the ground with control**
 - a. Controlled Take Down to a Prone Position*

- VII. Administer Written/Practical Tests**
 - a. Remediation*