



Senior Needs Assessment Survey



Thank you for taking the time to complete this survey. Your input will be valuable in helping the consultant hired to develop the City's Senior Strategic Plan better understand the needs and priorities of Ventura seniors.

Please submit your completed survey to Ventura City Hall, Room 226 or the Ventura Avenue Adult Center by **October 30, 2019**. You can also call 805-658-4793 if you have any questions.

1. How often do you or members of your household participate in older adult programs at the Ventura Avenue Adult Center (VAAC) or other city recreation facilities?
 - Never
 - Rarely (once or twice a year)
 - Occasionally (every few months)
 - A moderate amount (at least once a month)
 - A great deal (at least once a week)

2. Which older adult programs that the City of Ventura provides are most important to you? Please select your top five.
 - Social activities
 - Cultural activities (e.g. dance, painting, creative writing)
 - Physical exercise classes
 - Sports & recreation activities (e.g. golf, tennis, swimming, sailing)
 - Table games (e.g. bingo, bridge, pinochle, pool, Mahjong)
 - Travel programs (e.g. bus and walking tours)
 - Volunteer programs
 - Education & safety classes
 - Lunch at the Ventura Avenue Adult Center (Senior Nutrition Program)
 - Lunch at an Eastside location (Senior Nutrition Program)
 - Home delivered meals (Senior Nutrition Program)
 - Community involvement (Civic committees, commissions & boards)
 - Other (please specify)

3. How effective is the City of Ventura at communicating with you about programs and services for older adults?
 - Not at all Effective
 - Somewhat Effective
 - Effective
 - Extremely Effective
 - Don't Know



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4. When referring to programs and services available for adults 55 and older, which name do you prefer?
- Older Adult Programs
 - Senior Programs
 - Other (please specify)
 - Don't Know
5. What is the best way to inform you of programs and services offered in Ventura for older adults? (Check up to five)
- MY Ventura activity guide / brochure
 - At a city facility (e.g. City Hall, Aquatic Center, Avenue Adult Center)
 - City e-newsletters
 - City website
 - Social Media (e.g. Facebook, Instagram, Twitter)
 - Flyers / posters at businesses
 - Local media (e.g. newspaper, Breeze)
 - Nextdoor
 - Radio
 - Word of mouth
 - Other (please specify):
6. If there are any, which barriers prevent you from participating in City of Ventura programs and services?
- Don't feel welcome
 - Hours of operation / time offered
 - Culture or language difficulties
 - Services not available where I live
 - Inadequate ADA accessibility
 - Lack of facilities and amenities
 - Lack of parking
 - Lack of public transportation
 - Not aware of facilities or services offered
 - Overall condition / maintenance of locations
 - No time
 - Not interested
 - Price or user fees
 - Safety and security
 - None / Other (please specify):



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7. When you go somewhere, how do you usually get there?

- Drive myself
- Walk
- Get a ride from family or friends
- Transportation service (taxi or shuttle service)
- Use public transit
- Other (please specify)

8. During a typical week, how many days do you spend doing the following?
Please check the box that applies.

Each week, I spend the following number of days...	0 days	1-2 days	3-5 days	6-7 days
Visiting with family / friends in person or on the phone				
Participating in religious or spiritual activities with others				
Participating in physical activities such as walking, golf or exercise				
Spending time in outdoor areas such as the beach or parks				
Caring for a family member				
Caring for a pet				
Doing housework or home maintenance				
Participating in a hobby such as art, gardening, or music				
Attending movies, sporting events, or group events				
Providing help to friends or relatives				
Working for pay				
Volunteering or helping out in the community				
Participating in a club or civic group				
Spending the day alone				



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9. The World Health Organization and AARP highlight 8 domains that cities and communities can address to better adapt their structures and services to the needs of older people. Please rank, in order of importance to you, the following items from one to eight (i.e. each number should only be used once).

Please rank in order of importance to you from one (1) – eight (8)	
Outdoor and indoor spaces	
Housing	
Social participation	
Respect and social inclusion	
Transportation	
Civic participation and employment	
Communication and information	
Community support and health services	

10. Which older adult services should the City of Ventura support through continued or new partnerships? (select up to five):

- Health services (support groups, health assessments, etc.)
- Transportation services
- Social services (elder care and protection, peer/supportive counseling)
- Nutrition services (in-home meal delivery, lunch programs)
- Care services (in-home, running errands, respite care)
- Professional services (legal, tax, insurance, financial)
- Affordable housing (retirement community, assisted living, 55+ mobile home)
- Other (please specify)

11. What do you see as the biggest priorities for older adults that the City of Ventura should focus on over the next 5-10 years?

12. Is there any additional feedback you'd like to share with the City of Ventura?



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13. In which zip code do you live?

- 93001
- 93002
- 93003
- 93004
- Other (please specify):

14. Do you live East or West of Victoria Avenue?

- East
- West
- Not sure
- Neither

15. What is your age?

- Under 50
- 50 – 59
- 60 – 69
- 70 – 79
- 80 +

16. Please indicate the gender with which you identify:

- Male
- Female
- Non-binary
- Prefer not to say
- Other (please specify)

17. Including yourself, how many people live in your household?

- 1
- 2
- 3
- 4
- 5 or more

18. Does your household have a need for ADA-accessible (Americans with Disabilities Act) facilities and services?

- Yes
- No

Thank you for participating in our survey.