

For Immediate Release

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Parks and Recreation Month: The Fall Activity Guide is here!

Ventura, Calif. – July is National Parks and Recreation Month, and the City of Ventura is celebrating with the release of its Fall Activity Guide. View over 300+ upcoming classes, programs, and events happening this September through January at www.cityofventura.ca.gov/ActivityGuide.

Registration begins on Tuesday, August 1, 2023, at 12:00 p.m. Registration will be available online, by mail, or in person at City Hall in Room 226, located at 501 Poli Street. Registration information and policies can be found on page 43 of the Guide.

A printed copy of the Fall Activity Guide will be mailed to all City of Ventura residences. Additional copies are available for pick-up at City Hall and other City facilities during business hours, including the Westpark Community Center, Barranca Vista Community Center, Ventura Aquatics Center, and Ventura Avenue Adult Center.

“Our department serves as a community wellness hub for residents to improve their overall health,” said Parks and Recreation Director Nancy O’Connor. “Our goal is to enhance Ventura’s quality of life with recreation programs, beautiful outdoor spaces, and essential services like food or child-care.”

In addition to the comprehensive list of Parks and Recreation activities, the guide features City-wide news on pages 44 through 47, including information about upcoming construction projects, latest updates, and 2023 highlights.

According to National Recreation and Park Association’s 2022 Engagement with Parks Report, 84 percent of U.S. adults seek high-quality parks and recreation when choosing a place to live and nine in 10 people agree that parks and recreation is an important service provided by their local government.

The City of Ventura Parks and Recreation Department maintains over 800 acres of park and open space, including golf courses, and oversees three community centers, three community gardens, and the Ventura Aquatic Center. Over 2,000 recreation programs are offered annually.

Learn more about the City of Ventura Parks and Recreation Department at www.cityofventura.ca.gov/ParksRecreation and follow the official Facebook page at www.facebook.com/VenturaParksAndRecreation.

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