

For Immediate Release

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Parks and Recreation Month: Fall Activity Guide now available!

Ventura, Calif. – July is National Parks and Recreation Month, and the City of Ventura is celebrating with the release of its Parks and Recreation Fall Activity Guide. View all upcoming classes, services, and events at www.cityofventura.ca.gov/ActivityGuide. Registration begins on Tuesday, August 2, 2022, at 12:00 p.m.

A printed copy of the Fall Activity Guide will be mailed to all City of Ventura residences. Additional copies are available for pick-up at City Hall and other City facilities during business hours, including the Westpark Community Center, Barranca Vista Community Center, Ventura Aquatics Center, and Ventura Avenue Adult Center.

Registration will be available online, by mail, or in person at City Hall in Room 226, located at 501 Poli Street. Registration information and policies can be found on page 43 of the Guide.

“National Parks and Recreation Month highlights the importance of outdoor public spaces, parks, and accessible recreation programs,” said Parks and Recreation Director Nancy O’Connor. “These valuable resources and services play an important role in the well-being of our community, and proved to be especially vital during the pandemic.”

The City of Ventura Parks and Recreation Department maintains over 800 acres of park and open space, including two golf courses, and oversees three community centers, three community gardens, and the Ventura Aquatic Center. Over 2,000 recreation programs are offered annually.

According to National Recreation and Park Association, 93 percent of adults in the U.S. say their mental health is improved by services offered by local park and recreation professionals and agencies.

View the City of Ventura’s 2022 National Parks and Recreation video for a quick glance at the department: www.cityofventura.ca.gov/NationalParksRecMonth.

For more information, visit www.cityofventura.ca.gov/ParksRecreation and follow the City of Ventura Parks and Recreation Facebook page at www.facebook.com/VenturaParksAndRecreation.

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